



Bath Bombs

What You'll Need:

- 1 tbsp baking soda
- 1 tbsp citric acid
- 1 1/2 tsp cornstarch
- 1 tsp oil (canola, coconut or olive)
- 3-4 drops of essential oil

- Food coloring (optional)
- Plastic molds such as ice cube trays, candy molds or muffin tins (we are using small disposable ramekins)

Directions:

1. Mix together the dry ingredients to remove lumps.
2. Add oil to dry ingredients slowly and a little at a time stirring continuously.
3. Add essential oils and food coloring.
4. After all the ingredients are incorporated stir or hand mix until you have a crumbly dough. The mixture will seem pretty crumbly, but it should hold together.
5. Pack the mixture into the molds and let the bath bomb set up overnight. The next day, gently tap the mold to release the bath bombs, then let them air dry for a day.

To use, drop one bomb into a warm tub and enjoy!

From: *Ecobeautey: scrubs, rubs, masks and bath bombs f or you and your friends* by Lauren Cox



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