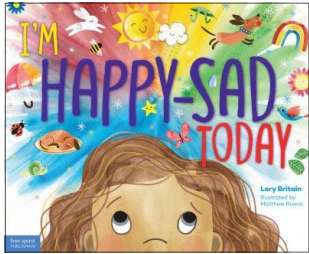


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# EMOTIONS



**Way Past ... SERIES**  
by Hallee Adelman (E ADE)

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by Laura Alary (E ALA)

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by Diane Alber (E ALB)

**I'm Happy-Sad Today: Making Sense of Mixed-together Feelings** by Lory Britain (E BRI)

**Tears** by Sibylle Delacroix (E DEL)

**Somewhere, Right Now** by Kerry Docherty (E DOC)

**The Happiness of a Dog with a Ball in Its Mouth**  
by Bruce Handy (E HAN)

**The Many Colors of Harpreet Singh**  
by Supriya Kelkar (E KEL)

**You Have Feelings All the Time**  
by Deborah Farmer Kris (E KRI)

**The Boy with Big, Big Feelings**  
by Britney Winn Lee (E LEE)

**ABC of Feelings** by Bonnie Lui (E LUI)

**Out of a Jar** by Deborah Marcero (E MAR)

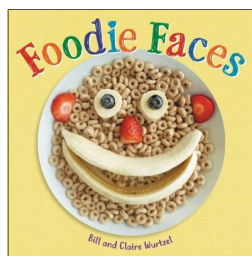
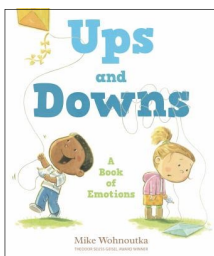
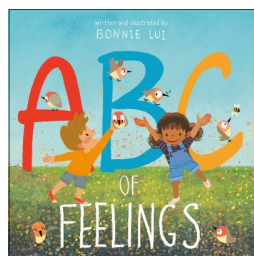
**I Feel!: A Book of Emotions** by Juana Medina (E MED)

**Everyone Has Feelings SERIES** by Dr. Daniela Owen (E OWE)

**I Feel Teal** by Lauren Rille (E RIL)

**Ups and Downs: A Book of Emotions**  
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## ANGRY & GRUMPY

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by Matthew Burgess (E BUR)

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by Marianna Coppo (E COP)

**Don't Blow Your Top!**  
by Ame Dyckman (E DYC)

**Angry Me** by Sandra V. Feder (E FED)

**Tiger Has A Tantrum: A Book About Feeling Angry**  
by Sue Graves (E GRA)

**Party Hearty Kitty-Corn** by Shannon Hale (E HAL)

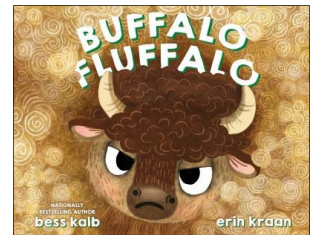
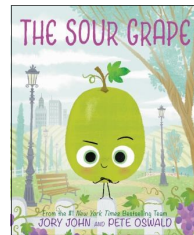
**The Sour Grape** by Jory John (E JOH)

**Buffalo Fluffalo** by Bess Kalb (E KAL)

**Grumpy Monkey** by Suzanne Lang (E LAN)

**Ravi's Roar** by Tom Percival (E PER)

**The Bad Mood and the Stick** by Lemony Snicket (E SNI)



## HAPPY

**Daniel's Good Day** by Micha Archer (E ARC)

**Happy** by Emma Dodd (E DOD)

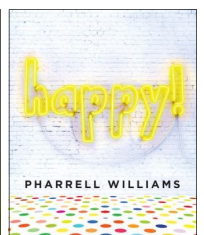
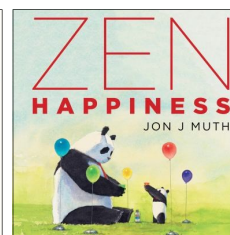
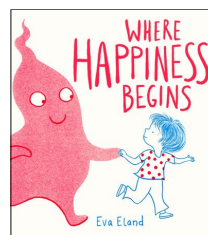
**Where Happiness Begins** by Eva Eland (E ELA)

**Joy** by Yasmeen Ismail (E ISM)

**Zen Happiness** by Jon J. Muth (E MUT)

**Be Happy!: A Little Book for a Happy You and a Better World** by Monica Sheehan (E SHE)

**Happy!** by Pharrell Williams (E WIL)



# WORRY & FEAR



**Lila Greer, Teacher of the Year**

by Andrea Beaty (E BEA)

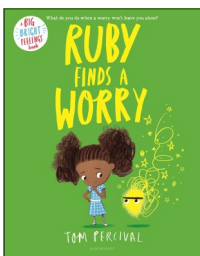
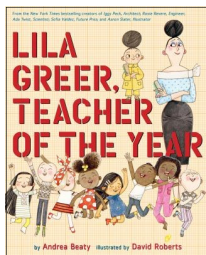
**The Worrysaurus** by Rachel Bright (E BRI)

**Get Me Out of This Book!: Rules & Tools for Being Brave** by Kalli Dakos (E DAK)

**Wemberly Worried** by Kevin Henkes (E HEN)

**What If, Pig?** by Linzie Hunter (E HUN)

**My Monster and Me** by Nadiya Hussain (E HUS)



**Ruby Finds a Worry**

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**After the Fall. How Humpty Dumpty Got Back Up Again**

by Dan Santat (E SAN)

**Orion and the Dark**

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# SAD



**Maybe Tomorrow?** by Charlotte Agell (E AGE)

**When Sadness is at Your Door** by Eva Eland (E ELA)

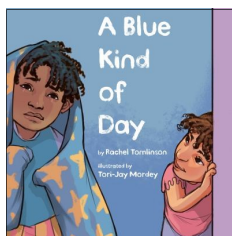
**Ira Crumb Feels the Feelings**

by Naseem Hrab (E HRA)

**Weather Together** by Jessie Sima (E SIM)

**A Blue Kind of Day**

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**The Very Impatient Caterpillar**

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**Too Much!: An Overwhelming Day**

by Jolene Gutiérrez (E GUT—Overwhelm)

**My Big Bad Monster** by A.N. Kang (E KAN—Self-Doubt)

**The Invisible Boy** by Trudy Ludwig (E LUD—Lonely)

**I am Quiet: A Story For the Introvert in All of Us**

by Andie Powers (E POW—Quiet)

**A World of Pausabilities: An Exercise in Mindfulness**

by Frank J. Sileo (E SIL—Mindfulness)

# NONFICTION RESOURCES

**My Mixed Emotions: Help Your Kids**

**Handle Their Feelings**

by Elinor Greenwood (J152.4 GRE)

**The Blue Day Book for Kids: A Lesson**

**in Cheering Yourself Up**

by Bradley Trevor Greive (J152.4 GRE)

**In Your Shoes: A Story of Empathy**

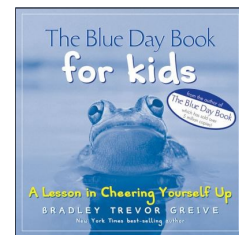
by Kristin Johnson (J152.4 JOH)

**Sometimes When ... SERIES** by Deborah Serani

**How Are You Feeling?: Naming Your Emotions with**

**Sesame Street** by Marie-Therese Miller (J152.4 SES)

**Questions and Feelings About... SERIES**



**Say Hi When You're Shy** by Gill Hasson (J155.4 HAS)

**Sometimes I'm Anxious: A Child's Guide to Overcoming**

**Anxiety** by Poppy O'Neill (J155.4 ONE)

**Being Mad, Being Glad** by Roger Day (J155.412 DAY)

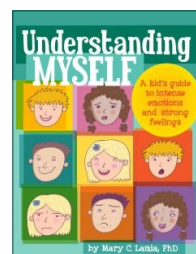
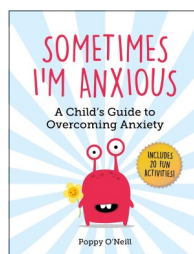
**Understanding Myself: A Kid's Guide to Intense Emotions**

**and Strong Feelings** by Mary Lamia (J155.412 LAM)

**Mindful Me: Mindfulness and Meditation for Kids**

by Whitney Stewart (J158.12 STE)

**A World of Mindfulness** (J158.12 WOR)



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